

Risk of liver cancer in Hepatitis Delta virus infection

Habiba Kamal

PhD student

Soo Aleman research Lab

Infectious diseases department- Karolinska Institutet



Disclosure

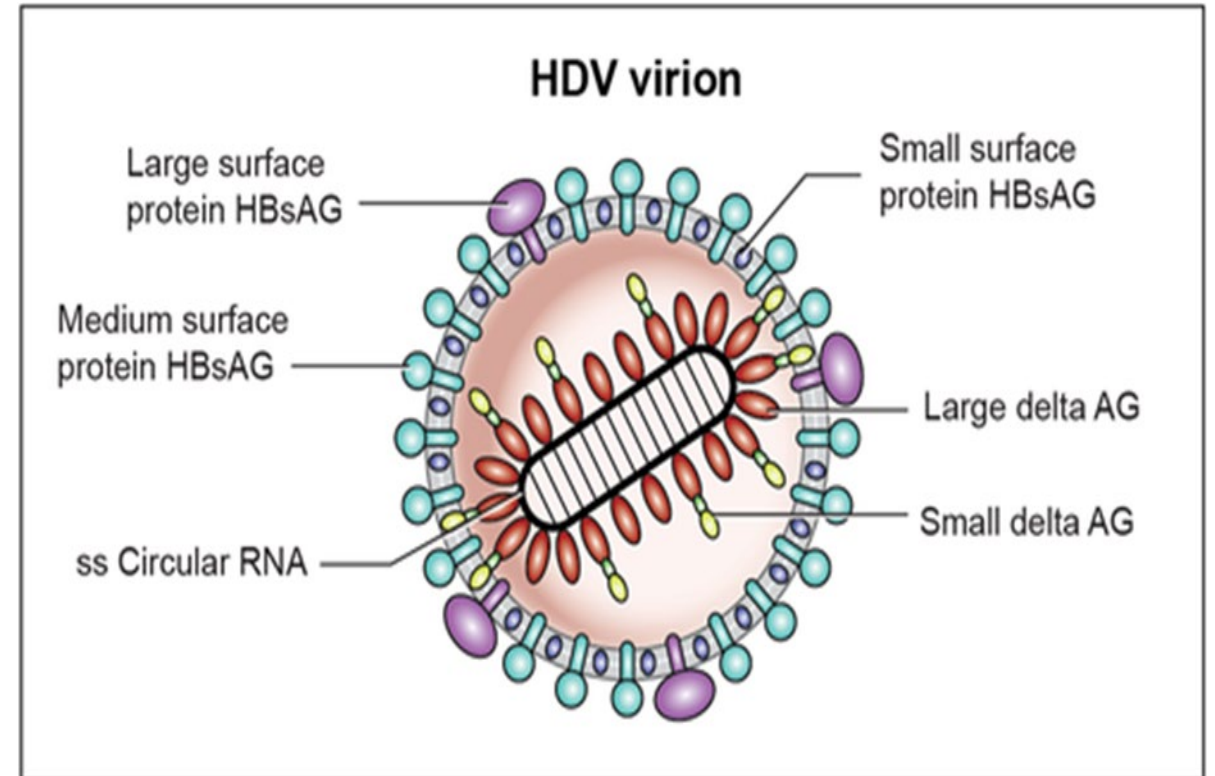
- Gilead Nordic fellowship 2019, 2021
- Funds from Region Stockholm (ALF grant)
- Presentation not designated to provide medical advice, please refer to your health care provider for individual management.

HDV the discovery

- Discovered by Dr. Mario Rizzetto in 1977 in a series of patients presenting with severe hepatitis.



- Single stranded RNA virus depends on HBV for propagation.
- Replication in the hepatocyte nucleus.
- Uses host RNA polymerase.
- 8 genotypes (1 and 3 severe course)

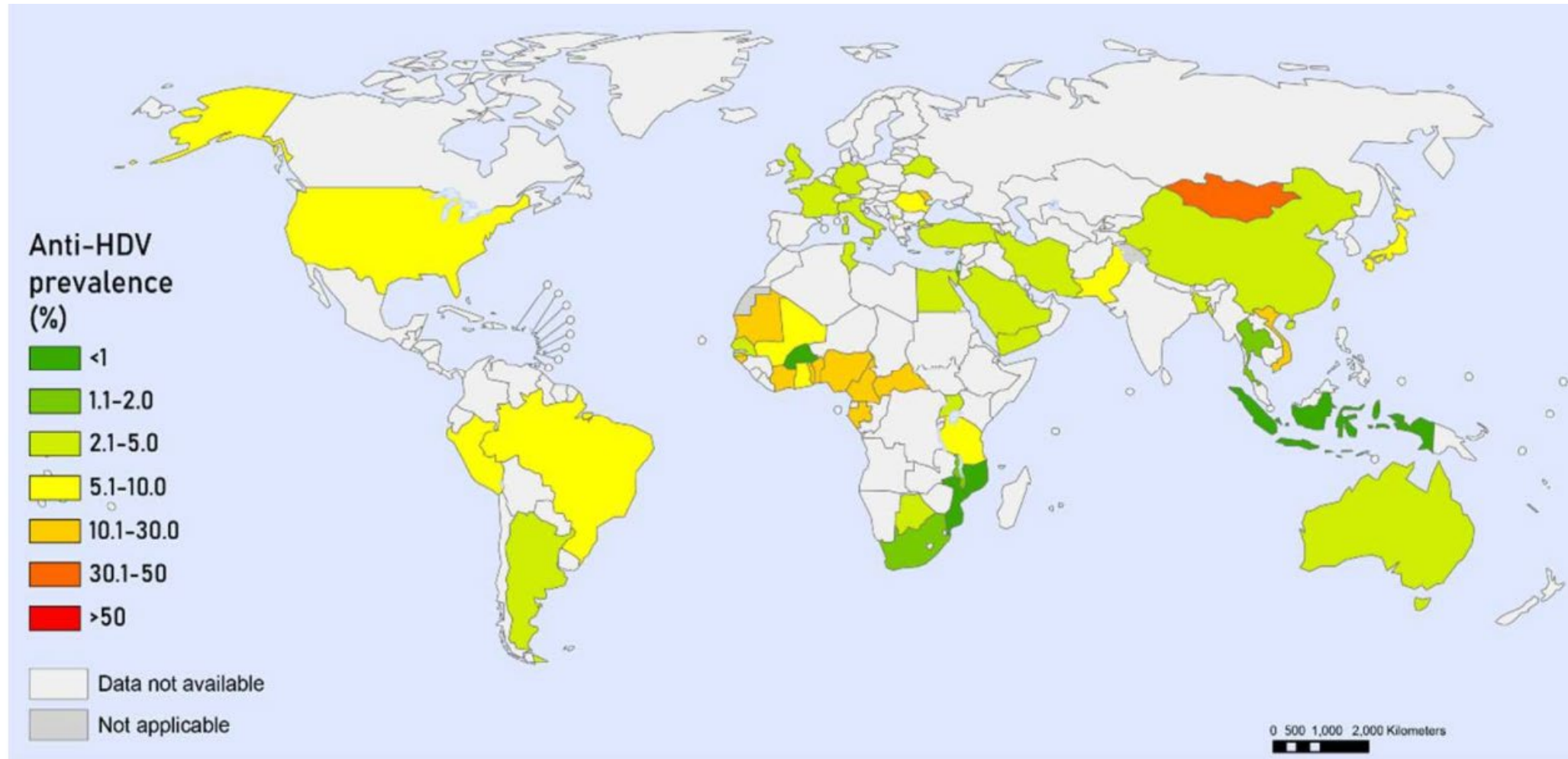


The “Unusual suspect” in viral hepatides

- The least common among viral hepatides.
- Prevalence is debated (5%-15%) of chronic HBV carriers are living with HDV infection.
- No consensus among meta-analyses about the world prevalence spanning from 12-70 million.

Not a vanishing disease

~ 15-20 million persons are living with chronic HDV (*least estimates*)

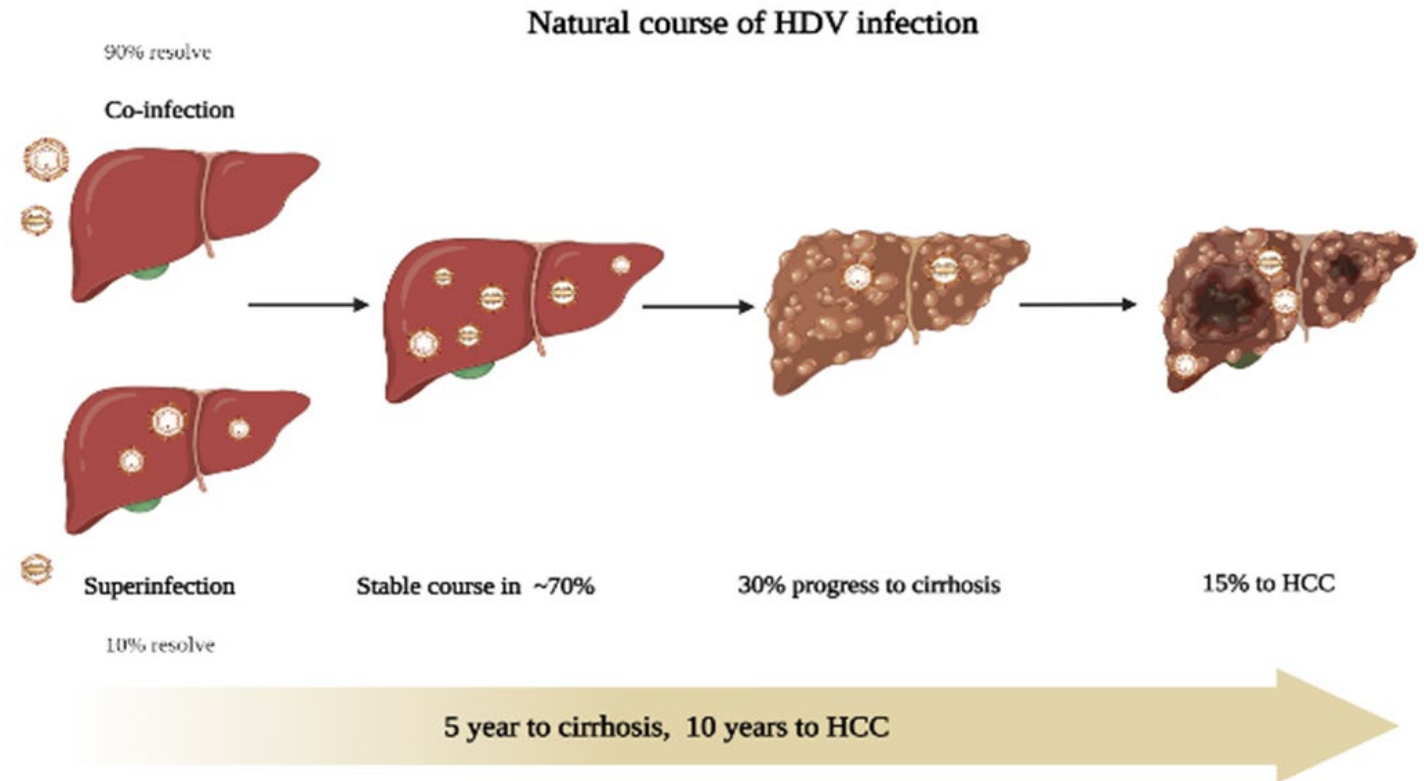


What the eye doesn't see and the mind doesn't know, doesn't exist”

- No reflex screening even in high-income settings.
- Low awareness (orphan disease).
- Discrepancy among guidelines for screening (AASLD, EASL, APASL..)
- Not all patients tested for HDV RNA (quantitative tests) especially in low-income settings.

Cumulative evidence

- Aggressive chronic course based on studies conducted in middle- and high-income settings
- Scarse longitudinal studies in endemic regions.



At HDV diagnosis

- 1 in 3 patients has already liver cirrhosis at diagnosis.
- 2 in 3 patients have detected HDV RNA.
- HDV RNA persistence is associated with worse disease course regardless of ethnicity or genotypes.
- Genotype 5 have a favorable outcome.

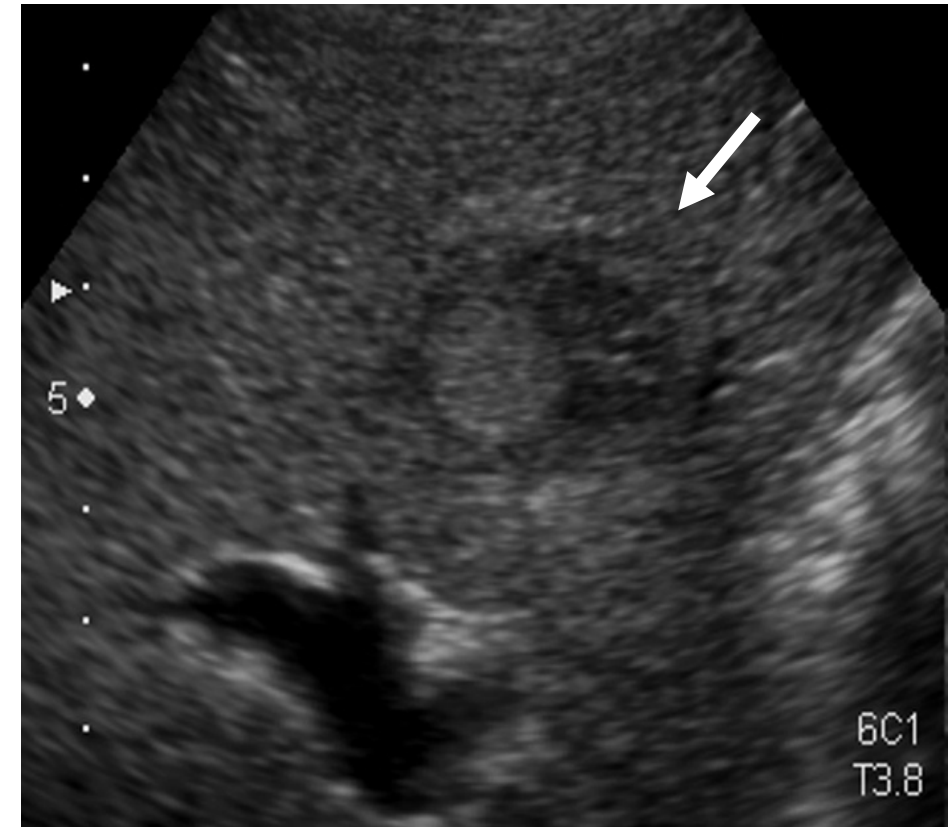
Liver cirrhosis is silent *until late*

- Predictors for faster progression to cirrhosis are still ill defined (HDV RNA replication, genotypes 1 and 3, comorbidities like DM2, alcohol overconsumption, metabolic syndrome)
- No difference between males and females into progression towards cirrhosis, HCC is higher among male patients.
- Older age tend to increase the risk of a worse outcome.

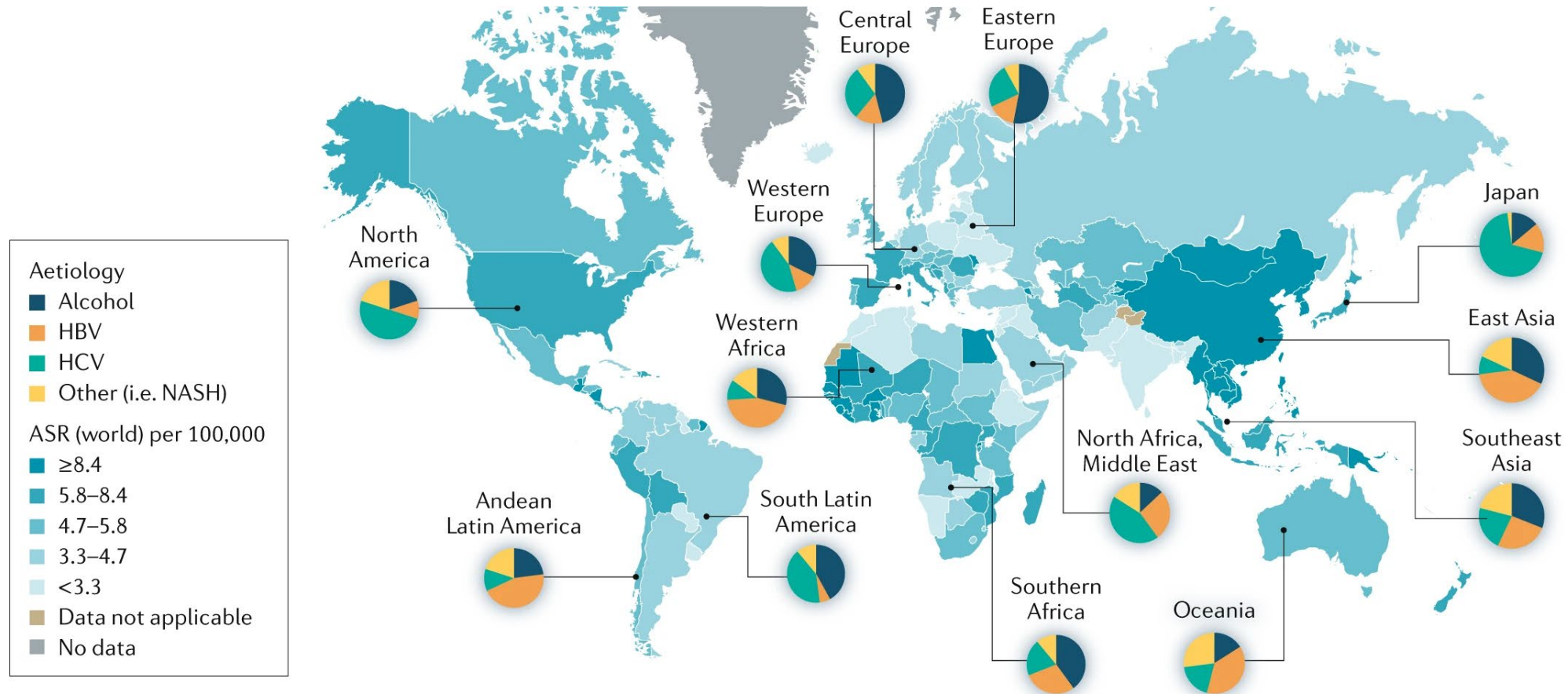


Liver cancer

- In 2020, the 6th most common cancer.
- The 2nd leading cancer-related mortality among adult males.
- 80-90% develops in a background of liver cirrhosis
- 50% attributed to HBV infection.
- Most common type (90%) is hepatocellular carcinoma.



- HBV is an oncogenic virus responsible for ~50% of world's HCC per 2020 estimates.
- Can occur in liver without cirrhosis.
- Effective treatment markedly decreased the risk for HCC





Chronic hepatitis D and hepatocellular carcinoma: A systematic review and meta-analysis of observational studies

Dulce Alfaiate^{1,†}, Sophie Clément², Diana Gomes¹, Nicolas Goossens^{3,‡}, Francesco Negro^{2,3,*‡}

¹Department of Pathology and Immunology, University of Geneva, Geneva, Switzerland; ²Division of Clinical Pathology, Geneva University Hospitals, Geneva, Switzerland; ³Division of Gastroenterology and Hepatology, Geneva University Hospitals, Geneva, Switzerland

The Journal of Infectious Diseases

MAJOR ARTICLE



Estimating the Global Prevalence, Disease Progression, and Clinical Outcome of Hepatitis Delta Virus Infection

Zhijiang Miao,¹ Shaoshi Zhang,¹ Xumin Ou,¹ Shan Li,^{1,2} Zhongren Ma,³ Wenshi Wang,^{1,4} Maikel P. Peppelenbosch,¹ Jiaye Liu,¹ and Qiuwei Pan¹

¹Department of Gastroenterology and Hepatology, Erasmus MC-University Medical Center, Rotterdam, The Netherlands, ²Department of Hepatobiliary Surgery, Daping Hospital (Army Medical Center), Third Military Medical University (Army Medical University), Chongqing, China, ³Biomedical Research Center, Northwest Minzu University, Lanzhou, People's Republic of China, ⁴Department of Infectious Diseases, Molecular Virology, University Hospital Heidelberg, Heidelberg, Germany





J Chin Med Assoc

ORIGINAL ARTICLE

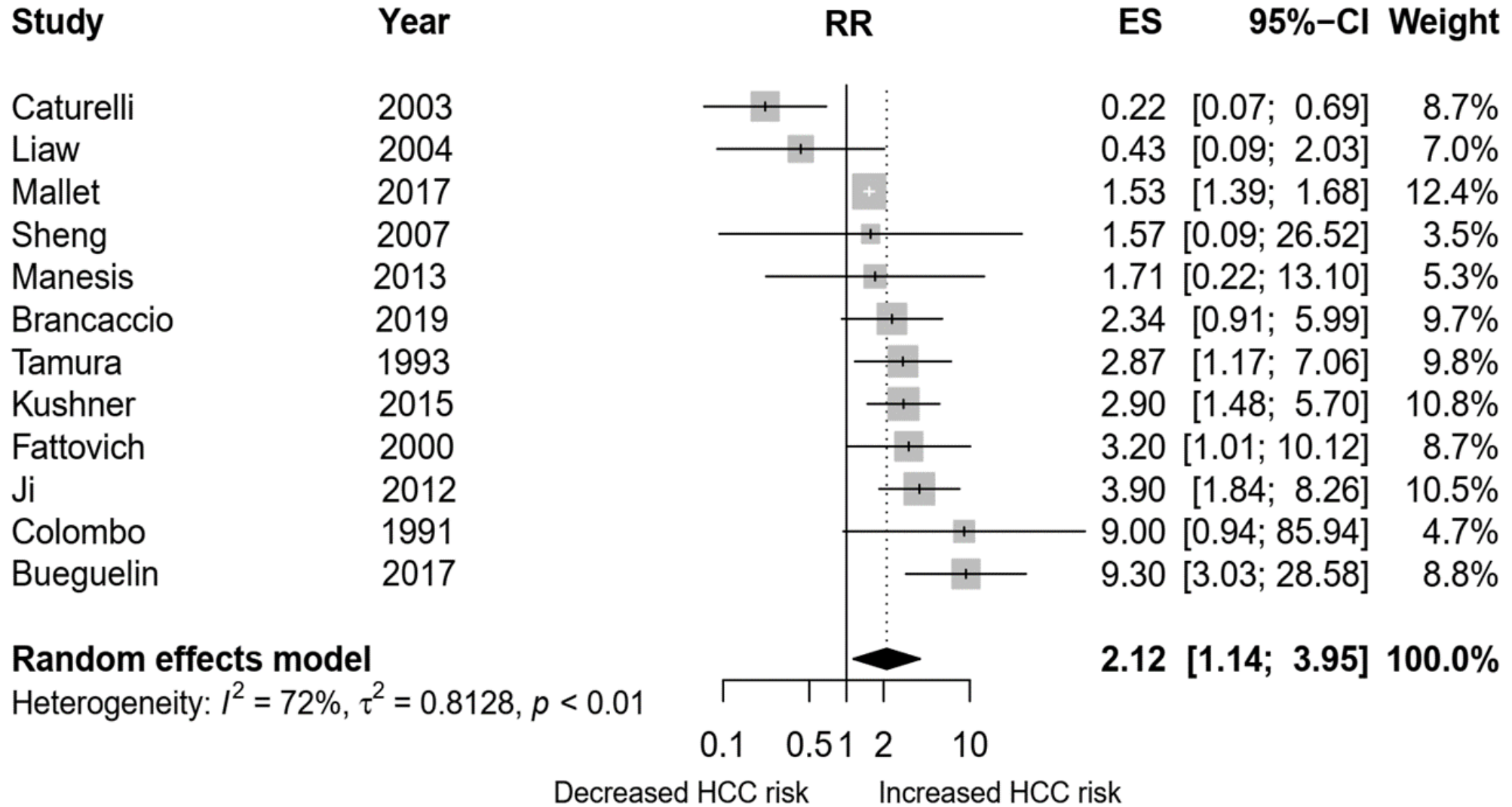
Hepatitis D virus dual infection increased the risk of hepatocellular carcinoma compared with hepatitis B virus mono infection: A meta-analysis

Tien-En Chang^{a,b,c}, Chien-Wei Su^{a,b,d,*}, Yi-Shin Huang^{a,b}, Yi-Hsiang Huang^{a,f}, Ming-Chih Hou^{a,b}, Jaw-Ching Wu^{e,f,g,*}

Risk of hepatocellular carcinoma in hepatitis B and D virus co-infected patients: A systematic review and meta-analysis of longitudinal studies

Habiba Kamal^{1,2}  | Romina Fornes³  | Johanna Simin³ | Per Stål^{2,4} |
Ann-Sofi Duberg⁵ | Nele Brusselaers³ | Soo Aleman^{1,2}

Parameter	HBV/HDV mono-infection N=6,099	HBV mono-infection N=57,620
Age at baseline	40.4	45.9
Male proportions	54.7% to 97.0%	58.4% to 96.4%
Liver cirrhosis	57.2%	15.5%



Adjusted/matched

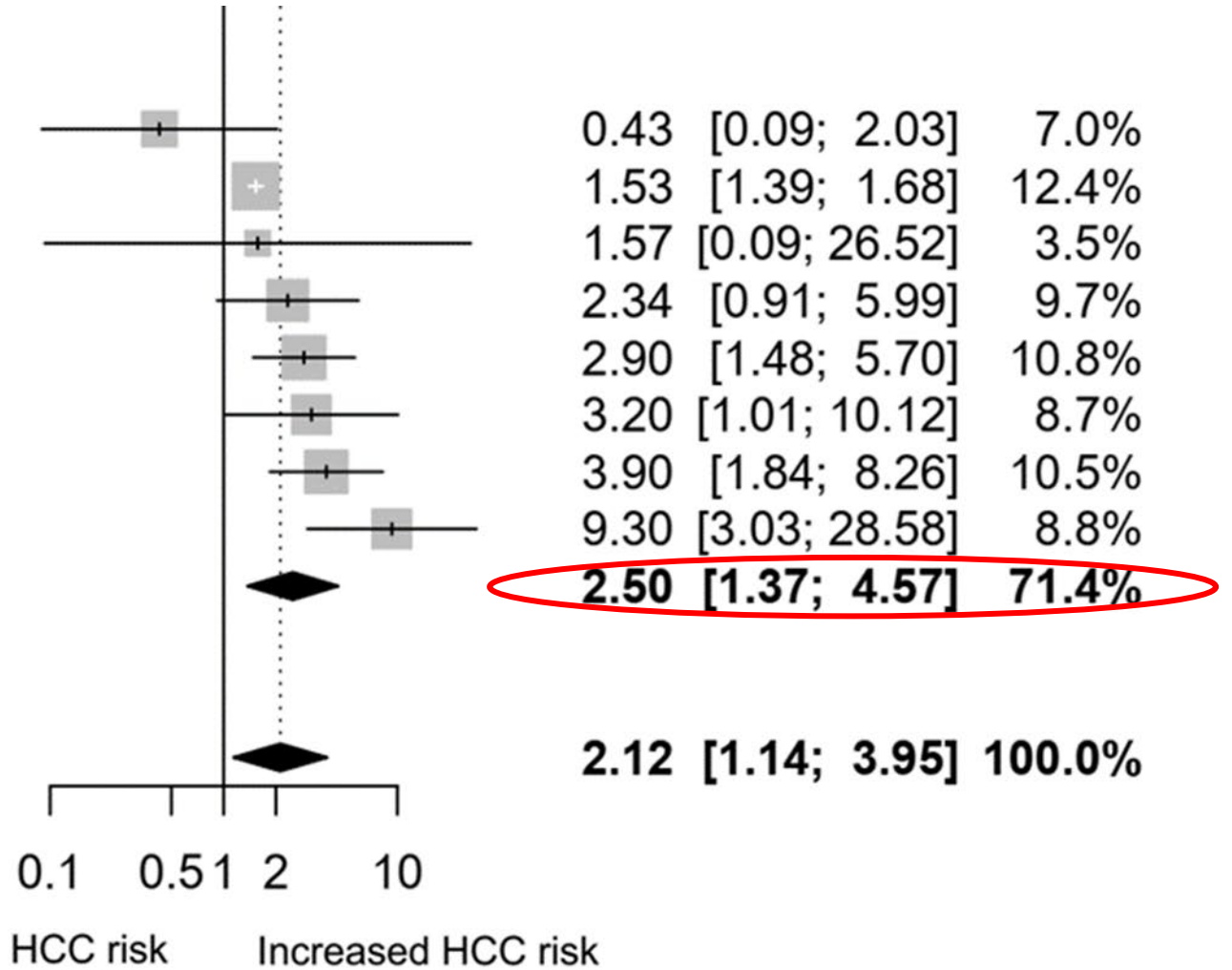
Liaw	2004	0.43	[0.09; 2.03]	7.0%
Mallet	2017	1.53	[1.39; 1.68]	12.4%
Sheng	2007	1.57	[0.09; 26.52]	3.5%
Brancaccio	2019	2.34	[0.91; 5.99]	9.7%
Kushner	2015	2.90	[1.48; 5.70]	10.8%
Fattovich	2000	3.20	[1.01; 10.12]	8.7%
Ji	2012	3.90	[1.84; 8.26]	10.5%
Bueguelin	2017	9.30	[3.03; 28.58]	8.8%

Random effects model

Heterogeneity: $I^2 = 70\%$, $\tau^2 = 0.4747$, $p < 0.01$

Random effects model

Heterogeneity: $I^2 = 72\%$, $\tau^2 = 0.8128$, $p < 0.01$



Clinical outcomes in patients with hepatitis D, cirrhosis and persistent hepatitis B virus replication, and receiving long-term tenofovir or entecavir

Giuseppina Brancaccio^{1,2}  | Massimo Fasano³ | Adriano Grossi¹ |
Teresa Antonia Santantonio³ | Giovanni B. Gaeta¹ 

scientific reports

OPEN

Role of hepatitis D virus infection in development of hepatocellular carcinoma among chronic hepatitis B patients treated with nucleotide/nucleoside analogues

Tyng-Yuan Jang^{1,2,3}, Yu-Ju Wei^{1,4}, Ta-Wei Liu^{1,4}, Ming-Lun Yeh^{1,5}, Shu-Fen Liu¹, Cheng-Ting Hsu¹, Po-Yao Hsu¹, Yi-Hung Lin¹, Po-Cheng Liang¹, Meng-Hsuan Hsieh^{1,5,6,7,8}, Yu-Min Ko¹, Yi-Shan Tsai¹, Kuan-Yu Chen¹, Ching-Chih Lin¹, Pei-Chien Tsai¹, Shu-Chi Wang⁸, Ching-I. Huang^{1,5}, Zu-Yau Lin^{1,5}, Shinn-Cherng Chen^{1,5}, Wan-Long Chuang^{1,5}, Jee-Fu Huang^{1,4,5}, Chia-Yen Dai^{1,5}, Chung-Feng Huang^{1,5,8,9} & Ming-Lung Yu^{1,5,9} 

Among NUC experienced patients, still HCC risk is increased

Original Article

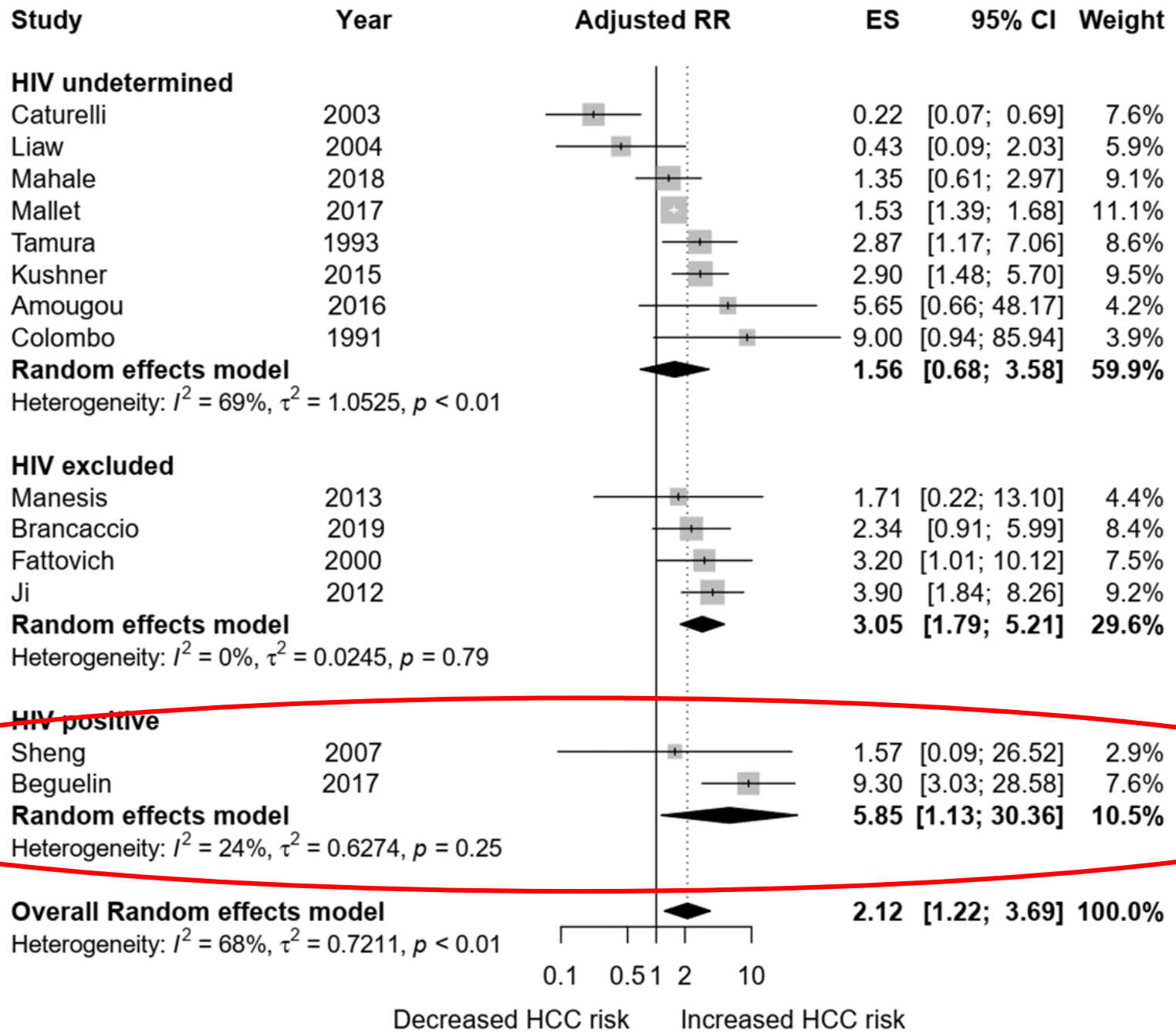
Hepatocellular Carcinoma in Hepatitis D: Does it Differ from Hepatitis B Monoinfection?

Zaigham Abbas, Mustafa Qureshi, Saeed Hamid, Wasim Jafri

- Comparison between 92 patients with HBV –related HCC and 92 patients with HBV/HDV-related HCC.
- HDV-related HCC tended to have decreased liver size, patients had lower platelets and larger varices on endoscopy.
- Multifocal tumours, advanced HCC stages and elevated alpha-fetoprotein level were more common in HBV group.

People living with triple infection HIV/HBV/HDV infection

- A particular higher risk in PLHIV demonstrated in prospective register-based studies and pooled analyses as well.
- ~10% of PLHIV are coinfecting with HBV.
- Reflex testing recommendation is still missing.



Decreased HCC risk Increased HCC risk

Limitations of the pooled analyses

- Testing for HDV RNA is not uniform among the studies.
- A main limitation (missing information for patients on treatment).
- Significant heterogeneity between the studies.
- Genotypes influence could not be assessed

Other confounders...

- Historical among patients who use intravenous drugs, polyblood transfusion...
- Endemic regions have other comorbidities (HCV, parasitic liver diseases, exposure to other environmental toxins like aflatoxin B1...)
- Scarcity on the prevalence and influence of metabolic associated liver diseases

HCC surveillance in HDV

TABLE 1. PATIENTS AT THE HIGHEST RISK FOR HCC

Population Group	Threshold Incidence for Efficacy of Surveillance (>0.25 LYG; % per year)	Incidence of HCC
Surveillance benefit		
Asian male hepatitis B carriers over age 40	0.2	0.4%-0.6% per year
Asian female hepatitis B carriers over age 50	0.2	0.3%-0.6% per year
Hepatitis B carrier with family history of HCC	0.2	Incidence higher than without family history
African and/or North American blacks with hepatitis B	0.2	HCC occurs at a younger age
Hepatitis B carriers with cirrhosis	0.2-1.5	3%-8% per year
Hepatitis C cirrhosis	1.5	3%-5% per year
Stage 4 PBC	1.5	3%-5% per year
Genetic hemochromatosis and cirrhosis	1.5	Unknown, but probably >1.5% per year
Alpha-1 antitrypsin deficiency and cirrhosis	1.5	Unknown, but probably >1.5% per year
Other cirrhosis	1.5	Unknown
Surveillance benefit uncertain		
Hepatitis B carriers younger than 40 (males) or 50 (females)	0.2	<0.2% per year
Hepatitis C and stage 3 fibrosis	1.5	<1.5% per year
NAFLD without cirrhosis	1.5	<1.5% per year

Abbreviation: LYG, life-years gained.

Table 3. Recommendations for HCC surveillance: Categories of adult patients in whom surveillance is recommended.

- Cirrhotic patients, Child-Pugh stage A and B (**evidence low; recommendation strong**)
- Cirrhotic patients, Child-Pugh stage C awaiting liver transplantation (**evidence low; recommendation strong**)
- Non-cirrhotic HBV patients at intermediate or high risk of HCC* (according to PAGE-B[†] classes for Caucasian subjects, respectively 10–17 and ≥18 score points) (**evidence low; recommendation weak**)
- Non-cirrhotic F3 patients, regardless of aetiology may be considered for surveillance based on an individual risk assessment (**evidence low; recommendation weak**)

*Patients at low HCC risk left untreated for HBV and without regular six months surveillance must be reassessed at least yearly to verify progression of HCC risk.

[†]PAGE-B (Platelet, Age, Gender, hepatitis B) score is based on decade of age (16–29 = 0, 30–39 = 2, 40–49 = 4, 50–59 = 6, 60–69 = 8, ≥70 = 10), gender (M = 6, F = 0) and platelet count (≥200,000/μl = 0, 100,000–199,999/μl = 1, <100,000/μl = 2): a total sum of ≤9 is considered at low risk of HCC (almost 0% HCC at five years) a score of 10–17 at intermediate risk (3% incidence HCC at five years) and ≥18 is at high risk (17% HCC at five years).¹¹⁴

Treatment of HDV

- Evidence from 30 years of off label use of IFN therapy in CHD.
- IFN therapy is a suboptimal therapy with VR 20-30% in eligible patients who can tolerate 48 weeks of SC peg IFN.
- Multiple studies pointed the benefit of IFN in decreasing liver-related events and possibly HCC, especially with prolongation of therapy
- NUC therapy role in HDV.

Towards...

- Reflex testing of all chronic HBV carriers.
- More prospective studies conducted in regions of high endemicity
- New therapies

My thanks

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- Patients living with HDV, their families and care givers.

