

# Hepatitis B and You

Hepatitis B is one of the most common infections in the world, affecting 300 million people. Getting hepatitis B is not your fault, and is not a punishment for bad behavior.



Getting tested is important. The only way that you can find out if you have hepatitis B is through testing. With or without symptoms, it's vital to get tested.



Often, hepatitis B will show no symptoms. Sometimes, symptoms won't appear for decades.



To reduce your risk of hepatitis B, don't share household hygiene items (razors, toothbrushes, etc.), always wear protection during sex, never share needles or used healthcare devices, and never touch someone else's blood without gloves.



Show your liver some love!

Chronic, untreated hepatitis B can damage your liver, eventually leading to liver disease and cancer.



You can also protect yourself from hepatitis B with the vaccine. It's safe and effective. Ask your doctor about getting vaccinated against hepatitis B. Take control of your health today! Get tested and vaccinated to protect yourself from hepatitis B.

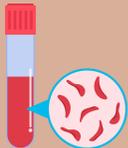


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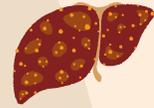
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