

Management Strategies for Hepatitis Delta in the Absence of Effective Treatments

PROVIDER RESOURCES:

Management consists of counseling about alcohol abstinence, managing MASLD, testing contacts for both HDV and HBV, and closer follow-up.



PATIENT RESOURCES:

Until the approved medication Hepcludex becomes available in more countries, pegylated interferon remains the most widely available treatment for most people living with hepatitis delta. Other management strategies include eating a healthy diet (low in salt and sugar), getting regular exercise, staying hydrated, and getting plenty of rest.

