Protect Your Liver Health

Learn the facts about hepatitis B and take control of your health!



Anyone can get hepatitis B.

It is one of the most common infections in the world, and 300 million people live with it.

Hepatitis B is not your fault!

It is not a punishment for bad behavior.

Symptoms

Often, hepatitis B will show no symptoms. Sometimes, people can have hepatitis B for years and will not know! That's why it's so important to test for hepatitis B early, so that you can keep your liver healthy and avoid more serious liver disease and cancer.



Testing



Because hepatitis B can take many years to show symptoms, getting tested is important. The only way that you can find out if you have hepatitis B is through testing. With or without symptoms, it's important to get tested!

Management

You can live a long and healthy life with hepatitis B! Visiting your doctor 1-2 times per year, taking treatment if needed, and living a healthy lifestyle with plenty of exercise and free of alcohol and tobacco can reduce your risk of cancer.



Prevention



You can protect yourself from hepatitis B! Make sure to not share household hygiene items (razors, toothbrushes, etc.), always wear protection during sex, never share needles or used healthcare devices, and never touch someone else's blood without gloves.

Vaccination

You can also protect yourself from hepatitis B with the vaccine. It's safe and effective. Ask your doctor about getting vaccinated against hepatitis B!



Take control of your health today!

Don't wait for symptoms to appear before getting tested. Get tested and vaccinated to protect yourself from hepatitis B.

Hepatitis B is one of the most common infections in the world, affecting 300 million people.





If you ignore it, hepatitis B can damage your liver and lead to liver disease and cancer.

Often, hepatitis B will show no symptoms. People can live for years or even decades with the virus and not know that their liver is suffering. That is why it is important to get tested. It is the only way you can tell if you have hepatitis B





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You can also protect yourself from hepatitis B with the vaccine. It's safe and effective. Ask your doctor about getting vaccinated against hepatitis B.



It doesn't matter who you are...

Anyone can be affected by hepatitis B

Hepatitis B and You

Read on to learn about hepatitis B and how it affects your health



Hepatitis B is one of the most common infections in the world, with 300 million people living with it across the globe.



Hepatitis B affects your liver. Your liver is very important for your health! It processes everything that goes into your body.



If you don't test for and take care of hepatitis B, it can eventually lead to liver disease and liver cancer.



Anyone can get hepatitis B! The only way to find out if you have hepatitis B is through testing. People can live for decades without symptoms, so it's important to get tested.



Prevent the spread of hepatitis B. Don't share household hygiene items (razors, toothbrushes, etc.), wear protection during sex, never share needles or used healthcare devices, and never touch someone else's blood without gloves.



Ask your doctor about the hepatitis B vaccine! It is safe, effective, and will protect you against the virus.

Know the facts and take control of your heath!

Protect yourself and your loved ones from hepatitis B.

