

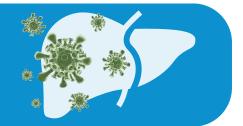
# **Protect Yourself From Hepatitis B**



Adults living in long-term care facilities are at an increased risk of contracting hepatitis B.

#### What is hepatitis B?

Hepatitis B is a blood-borne virus that infects the liver. The infection can lead to serious complications, liver diseases such as cirrhosis, and even liver cancer.



The hepatitis B virus is up to 1000 more infectious than HIV An unmanged chronic hepatitis B infection carries a 25%-40% lifetime risk of developing liver cancer The hepatitis B virus can survive on surfaces outside the body for at least a week

#### HOW IS HEPATITIS B SPREAD?

Hepatitis B is spread through direct contact with infected blood - including dried blood. Most people who are infected with hepatitis B as adults are unaware of how they were exposed to the virus.

### WHY DO I NEED THE HEPATITIS B VACCINE?

Although anyone can be at risk for hepatitis B, certain settings and medical conditions can increase a person's risk for hepatitis B, including long-term care facilities, diabetes, and kidney disease.

Hepatitis B vaccination is the best way to protect yourself and your loved ones against liver cancer.

Hepatitis B has

## **NO SYMPTOMS**

which means it can spread easily and unknowingly





### VACCINES

are safe & effective, and significantly reduce your risk of developing diseases like hepatitis B.