

# Management Strategies for Hepatitis Delta in the Absence of Effective Treatments

## ***PROVIDER RESOURCES:***

Management consists of counseling about alcohol abstinence, managing MAFLD, testing contacts for both HDV and HBV, and closer follow-up.



## ***PATIENT RESOURCES:***

Until the approved medication Hepcludex becomes available in more countries, pegylated interferon remains the most widely available treatment for most people living with hepatitis delta. Other management strategies include eating a healthy diet (low in salt and sugar), getting regular exercise, staying hydrated, and getting plenty of rest.

