

Hepatitis B Support Group

Just because you feel okay doesn't mean your liver is okay...
Take an active approach to manage your chronic hepatitis B infection

Topics for discussion

- **Hepatitis B Awareness and Education** (selected topic each month, 20 minutes)
 - What is hepatitis B and how is it transmitted
 - What are the symptoms for hepatitis B
 - Hepatitis B prevention, screening and immunization
 - Living with chronic hepatitis B infection
 - Myth and Stigma
 - Messages for Mom-to-be
 - Current treatments for chronic hepatitis B infection
- **Learning and Sharing personal experience and issues** (40 minutes)

Who should attend: Patients, family, love ones and care givers interested in learning and sharing experience about Hepatitis B disease are all welcome to participate in this free support group. The support group will be facilitated by a Hepatitis B outreach volunteer, moderated and conducted by either a Gastroenterology and Hepatology Specialist, General Practitioner (GP), Physician Assistance(PA), Nurse Practitioner(NP), Nurse, Social Worker, Patient Advocate or Hepatitis B Outreach volunteer.

Date and Time: First Thursday of each month, 4:00-5:00PM

(Due to New Years day, January 2009 will meet on Thursday Jan 8th)

Location: 1305 York Avenue, 2nd Fl, Y-206, NY, NY 10021

❖ **Hepatitis B Support Group meets** ❖

❖ **same time, same location, First Thursday of the month** ❖

Millions of Asian and Pacific Islanders; Immigrants/Refugee of Sub-Saharan Africa; Amazon Basin; Eastern European and Middle Easterner are infected from Hepatitis B. Hepatitis B is a silent killer. Most people do not even know they are infected, but you should know some important facts. Please contact your friends, family and other people in the community to share this information.

- Hepatitis B is not genetic, but caused by a virus.
- There is a simple method of blood test for Hepatitis B.
- There is a safe vaccine for immunization.
- There are number of treatment options available today.

For additional information please contact

Arline at 646-962-4731 or email arl2005@med.cornell.edu

Weill Cornell Medical Center, Division of Gastroenterology and Hepatology